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The genus *Eremophila* **(Scrophulariaceae): an ethnobotanical, biological and phytochemical review**

Abdel Nasser Singab^a, Fadia S. Youssef^a, Mohamed L. Ashour^{a,b} and Michael Wink^b

ªDepartment of Pharmacognosy, Faculty of Pharmacy, Ain Shams University, Cairo, Egypt and ʰInstitute of Pharmacy and Molecular Biotechnology, Heidelberg University, Heidelberg, Germany

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Correspondence

Michael Wink, Institute für Pharmazie und Molekulare Biotechnologie, Universität Heidelberg, Im Neuenheimer Feld 364, 69120 Heidelberg, Germany. E-mail: wink@uni-hd.de

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Abstract

Objectives *Eremophila* (Scrophulariaceae) is an endemic Australian genus with 214 species, which is commonly known as Fuchsia bush, Emu bush or Poverty bush. Plants of this genus played an important role for the Australian Aborigines who used them widely for medicinal and ceremonial purposes. Many studies have been carried out on many species of this genus and have generated immense data about the chemical composition and corresponding biological activity of extracts and isolated secondary metabolites.

Key findings Thorough phytochemical investigations of different *Eremophila* species have resulted in the isolation of more than 200 secondary metabolites of different classes with diterpenes as major constituents. Biological studies and traditional clinical practice demonstrated that *Eremophila* and its bioactive compounds possess various pharmacological properties. Plants were employed especially as a cardiotonic drug and also as potent anti-inflammatory, antimicrobial and antiviral agents.

Summary Further investigations are required to explore other *Eremophila* species, to evaluate the different biological activities of either their extracts or the isolated compounds and the possible underlying modes of action.

Introduction

Throughout the ages, humans have traditionally relied on plants, animals and minerals for their basic needs, such as for food, protection against enemies, hunting, and healing of infections and health disorders. A number of traditional medicinal systems have evolved that have been used for centuries and today are still a source of interesting drugs for phytotherapy.^[1]

Plants of the genus *Eremophila* represent perennial shrubs and small trees that occur endemically throughout the arid and semi-arid regions of Australia. The genus *Eremophila* has recently been included in the family Scrophulariaceae.[2] The name *Eremophila* is derived from the Greek words *Eremos* meaning 'desert' and *phileo* 'love', indicating that most of these species are adapted to live under the harsh conditions of the deserts and semi-arid places.^[3] *Eremophila* comprises approximately 214 species, usually with alternate, shortly petiolate and lanceolate leaves with entire or dentate margin and acute apex. Many leaves are grey and hairy, and are thus protected against intensive light. The axillary single flowers have a conspicuous yellow to greenish or red corolla.^[4,5] More than 70% of the plants are pollinated by insects (entomophily), the others are visited by birds (ornithophily). Fruits are fleshy or dry capsules containing one to twelve seeds. Plants are commonly known as Fuchsia bush or Emu bush and many species have been used traditionally for treatment of many ailments or for ceremonial purposes for aboriginal people.^[6] Some species are toxic to stock (Poison bush), others are weedy and populate degraded or overgrazed land (Poverty bush).

The family Scrophulariaceae is a large family with almost 87 genera and 4800 species.^[4] Plants of this family are widely used in traditional medicine and phytotherapy.^[1] The corresponding biological activities are related to the richness of secondary metabolites such as phenylpropanoids, iridoid glucosides, and terpenoids with antiinflammatory, antinociceptive, wound healing and antimicrobial activities.[7,8] In addition, many species are rich with polyphenols, flavolignans and phenolic acids, which exhibit antiprotozoal, antioxidant, antibacterial and cytotoxic properties.[9–13]

Phytochemical investigations of the genus *Eremophila* have led to the isolation and identification of more than 200 secondary metabolites from several classes.^[14] Major secondary metabolites include diterpenes (eremane, cembrene, decipiane, and viscidane type); others are triterpenoids, verbascosides, cyanogenic glucosides, fatty acids, phenylpropanoids, lignans and flavonoids.[6]

Many researchers have explored the biological and pharmacological properties of several *Eremophila* species, such as antimicrobial, antiviral, antiproliferative, antiinflammatory and immunomodulatory activities.^[12,15-18] Due to the biological and ethnopharmacological importance of *Eremophila*, much work has been carried out on the genus *Eremophila* since the early published review written by Ghisalberti^[6] in 1994. Since that time, an immense amount of data has been generated regarding the chemistry and biology of many other species within this genus. In an effort to better understand and present an overview of the *Eremophila* order, the data on the recently isolated compounds as well as the biological activity of different members of this medicinally important genus has been compiled and summarised. Relevant data up until December 2012 has been collected from different databases including Scifinder [\(https://scifinder.cas.org/scifinder/](https://scifinder.cas.org/scifinder/login) [login\)](https://scifinder.cas.org/scifinder/login) for phytochemistry related research, PubMed [\(http://](http://www.ncbi.nlm.nih.gov/pubmed/) [www.ncbi.nlm.nih.gov/pubmed/\)](http://www.ncbi.nlm.nih.gov/pubmed/), and Web of Knowledge [\(http://www.webofknowledge.com\)](http://www.webofknowledge.com) for ethnobotanical and biological related research. We aim to derive an impressive and convenient review; scientifically beneficial for both investigators and readers who are interested in the pharmaceutical aspects of medicinally active herbs, since no other compilation of literature was found regarding this genus. However, it was not the intention of this review to go beyond the field of phytochemistry and ethnobotany.

Ethnobotany

Eremophila species have been used by Australian Aboriginal people for cultural, religious and material purposes. Historically, these plants were employed for cleansing and strengthening a new-born child, in ceremonies to appease totemic ancestors, in initiation rites, and in the lining of graves and shrouding the bodies of the dead. Additionally, the plant resins, obtained from their leaves and branchlets, were used as varnish or as a natural cement or sealant.^[6,19]

Approximately 70 plant species were used medicinally by the native Australians for the alleviation of the symptoms of many respiratory tract infections, such as common cold, cough, chest pain, and fever. They were also taken for the treatment of several gastrointestinal disorders, diarrhoea, rheumatic pain, and headache. Topically, most of *Eremo-* *phila* preparations were employed to treat minor wounds, dermatological lesions and infections, body sores and scabies.[20–24]

The commonly used *Eremophila* species, their parts used, methods of administration, and traditional uses are summarized in Table 1. Although it is not our intention to elaborate the ethnobotanical utilizations of all *Eremophila* species, a few of them will be mentioned:

E. alternifolia has long been regarded as the 'number one medicine' by the native Australians.[21] Infusions made from the leaves are used internally and externally as decongestant, expectorant and analgesic. These treatments are said to alleviate colds, influenza, fever and headaches and were used to medicate septic wounds, to induce sleep and to promote general well- being (Table 1).^[4,21,22,24-28]

Ethnobotanical reports provide information on the traditional medicinal use of *E. duttonii* against several microbial infections. These include topical preparations for the treatment of minor dermal wounds, infected lesions derived from infestation by the scabies mites (*Sarcoptes scabiei*), and of ophthalmic and oto-nasopharyngeal complaints. Extracts from this species are reputed to have insect repelling properties.[21]

E. longifolia has been used traditionally against a wide range of health disorders and aqueous decoctions of the leaves represent one of the most popular and widespread therapeutic remedies in routine use by contemporary indigenous Australian people.^[24] They include treatment of the symptoms of respiratory tract infections, gastrointestinal distress and headache, along with topical applications of minor wounds, dermatological lesions, ophthalmic complaints and dermal parasitism by scabies mites.[20–24] The decoctions of the leaves were prepared for eye washes, as counter-irritants, and for skin and body washes.[25,27] In addition, the use of liniments, composed mainly of the crushed leaves, for joint and skeleto muscular pain has also been reported.[21–23] The inhalation of steam from heated leaves is said to be beneficial against respiratory infections and general illness.^[22]

E. maculata was not often used by native Australians because it was not abundant. It was employed as a blister for the treatment of colds (Table 1). However, this species was also classified as stock poison as early as 1887 and in 1910 due to the presence of the cyanogenic glucoside prunasin, which releases the very toxic hydrogen cyanate upon enzymic hydrolysis.^[14]

Biological activity

Cardioactive properties

The cardiotonic activity of several *Eremophila* species has been studied previously (Table 2).^[29–40] The crude aqueous and methanol extracts of *E. alternifolia* leaves and bark

mediates an initial, but transient, positive inotropic effect. A decrease occurred simultaneously with increased coronary perfusion rate. The induced effects lasted less than 15 min followed by full recovery to the normal levels.

The phenylpropanoid verbascoside (**197**), isolated from the methanol and water extracts of *E. alternifolia* leaves, mediated a significant positive chronotropism, inotropism and coronary perfusion rate (CPR) in the rat heart.^[41] The iridoid glucoside geniposidic acid, isolated from the methanol extract of *E. longifolia* leaves, had an opposite effect with a significant negative chronotropism, inotropism and CPR. Both verbascoside and geniposidic acid (**10**) caused significant, but opposite, changes in rat heart activity.[32] The verbascoside effects were similar to those reported by Pennacchio et al.^[31] for the methanol and aqueous extracts of *E. alternifolia* leaves. That finding suggested that verbascoside was responsible for the cardiotonic activity reported for the original extracts.[31] The sugar alcohol mannitol (**200**) may also have played a small role in the CPR response mediated by these extracts. In a preliminary study, the increase in CPR was enhanced when verbascoside and mannitol were co-administered.^[32] Similar mannitol-induced increases in CPR have been reported by others. Willerson *et al*. [42] and Fixler *et al*. [43] showed that mannitol improved coronary blood flow in ischaemic myocardium of experimental animals, while geniposidic acid significantly decreased heart rate, contractile force and CPR.[32] A recent study suggested that verbascoside increases heart rate, contractile force and coronary perfusion rate via a cAMPdependent mechanism. Injection of verbascoside (1 mm) significantly increased intracellular levels of cAMP up to 1733%, which in turn increased the levels of prostacyclin.^[41]

A methanol extract from *E. alternifolia* induced significant changes to the heart activity of spontaneous hypertensive rats. Four concentrations of extract were prepared: 16, 32, 64 and 128 mg/ml. The 128 mg/ml dose of the

Table 2 Summary of the most relevant biological activity of different *Eremophila* species

E. alternifolia leaf extract significantly reduced the systolic blood pressure of hypertensive rats, but this was only a 0.5% decrease and the dose was very high. Diastolic blood pressure was not affected by any of the concentrations. The heart rate was increased dose-dependently after administration of 16, 32 or 64 mg/ml by 10.4, 11.2 and 7.4%, respectively. There was no significant change following the introduction of the highest dose.^[33]

Anti-inflammatory and immunomodulatory activities

The total crude ethanol extract of *E. sturtii* along with several fractions and isolated compounds were examined as inhibitors of both cyclooxygenase (COX-1, COX-2) and 5-lipoxygenase to assess a potential anti-inflammatory activity. At a dose of 2 mg/ml the ethanol extract inhibited COX-1 and COX-2 by 95 and 89%, respectively. Among the tested fractions, the ethyl acetate partition was the most active, resulting in a 88 and 66% inhibition of COX-1 and COX-2 at the same dose. The two isolated diterpenes of the serrulatane type 3,8-dihydroxy serrulatic acid (**114**) and serrulatic acid (**118**) exhibited different activity profiles. The first compound had weak COX-1 and COX-2 inhibitory activity, while the second compound strongly inhibited both enzymes with IC50 values of 27 and 73μ g/ml for COX-1 and COX-2, respectively. No inhibition of 5-lipoxygenase by either compound was observed.^[12]

Xanthine oxidase is the enzyme responsible for the formation of uric acid from the purines hypoxanthine and xanthine, and is responsible for the medical condition known as gout. Xanthine oxidase also serves as an important source of reactive oxygen species (ROS) that contribute to oxidative damage of living tissues; ROS are involved in many pathological processes such as inflammation and cardiovascular disorder.[44] At a dose of 50 mg/ml *E. maculata* extract inhibited xanthine oxidase by 61%.^[38]

Methanolic extracts of *E. freelingii*, and *E. longifolia* were potent inhibitors of ADP-induced 5-HT release from human platelets *in vitro* (62.13 and 65.70% inhibition, respectively, at a dose of 50 mg/ml). The activity was retained in the dichloromethane fraction of *E*. *freelingii*, suggesting that there could be two different types of compounds causing the inhibition of platelet function.^[18]

Antimicrobial activity

The antimicrobial activity of *Eremophila* extracts as well as of corresponding isolated compounds has been extensively studied (Table 2).^[15] Promising activity against Grampositive bacteria was obtained.

Ethanol extracts of various parts of 39 plants used in traditional Australian aboriginal medicine have been screened for antimicrobial activity. Extracts from *Eremophila* leaves were most potent, with *E. duttonii* exhibiting the highest activity against Gram-positive bacteria, such as *Bacillus cereus*, *Enterococcus faecalis*, *Staphylococcus aureus* and *Streptococcus pyogenes*, in agar diffusion assays; diameters of inhibition zones were 10, 9, 12, 14 mm, respectively, at a concentration of 77 μ g/ml extract.^[36] Ethanol extracts of *E. alternifolia* and *E. duttonii* inhibited clinical isolates of methicillin-resistant *S. aureus* (MRSA) and vancomycinresistant *Enterococcus* (VRE).^[29]

The active species *E. duttonii* was further evaluated against other Gram-positive bacteria such as *Clostridium* spp. (*C. perfringens*, *C. sporogenes*) and *Listeria monocytogenes*. The plant extract showed promising antibacterial properties against these food-borne pathogens. A preliminary phytochemical investigation using TLC bioautography suggested that the antibacterial activity may be attributed to the presence of sterols and other terpenoids.^[35] A thorough phytochemical investigation of the hexane fraction of *E. duttonii* led to the isolation and identification of two terpenoids, 7,8,20-trihydroxyserrulat-14-ene (**108**) and serrulat-14-en-3,7,8,20-tetraol (**117**): they are regarded as the principal constituents responsible for antibacterial activity against *S. aureus*, *Staphylococcus epidermidis* and *Streptococcus pneumoniae*.^[45] A recent study carried out by Ndi *et al*.^[46] showed that these two polar diterpenes are highly unstable when separated due to the oxidation of their phenolic hydroxyl groups into quinones, which are essential for the antibacterial activity of this class of compounds.

Bioassay-guided fractionation of the diethyl ether extract of *E. neglecta* led to the isolation of three new serrulatanetype diterpenoids. Two of these compounds showed antimicrobial activity against Gram-positive bacteria including *S. aureus, S. pyogenes*, and *S. pneumoniae*. [39] The bioactivity spectrum of these compounds was recently examined across a wider range of Gram-positive and Gram-negative bacteria including human and veterinary pathogens, and some multidrug-resistant isolates to explore the range of potential utility of these novel antibacterials. Both 8,19 dihydroxyserrulat-14-ene (**103**) and 8-hydroxyserrulat-14 en-19-oic acid (**105**) exhibited antibacterial activity against all Gram-positive bacteria tested. The only activity for the two compounds against five Gram-negative bacteria tested was observed against *Moraxella catarrhalis*, which can cause chronic obstructive pulmonary disease, with minimum inhibitory concentrations (MIC) of 3.1 and 6.2 μ g/ml for the two compounds, respectively.^[47]

In the same context, *o*-naphthoquinone (**126**) and 20-acetoxy-8-hydroxyserrulat-14-en-19-oic acid (**115**), isolated from the leaves of *E. serrulata*, showed antimicrobial activity against *S. aureus*. The *o*-naphthoquinone was the most active with an MIC of $15.6 \mu g/ml$ and a minimum bactericidal concentration (MBC) of $125 \mu g/ml$. This compound showed antimicrobial activity against other Gram-positive bacteria including *S. pyogenes* and *S. pneumoniae*. [40] The ethanol extract of *E. sturtii* leaves as well as its ethyl acetate fraction exhibited antibacterial activity against *S. aureus*. Two novel serrulatane diterpenes were isolated, 3,8-dihydroxyserrulatic acid (**114**) and serrulatic acid (**118**), with the latter exhibiting the most potent bactericidal activity against *S. aureus*. [12]

The antibacterial activity could be attributed to amphiphilic phytosterols and terpenoids that function as detergents. The terpenoids interact with biomembranes: while their lipophilic moiety intercalates with phospholipids and other lipids, hydrophilic moieties remain outside the cell and can interact with glycoproteins or glycolipids. As a result there is a loss of membrane integrity and fluidity occurs, with the subsequent leakage of many polar molecules out of the cells or the entry of unwanted molecules into a cell.^[48]

Ndi *et al*. [49] examined the antimicrobial activity of 72 *Eremophila* extracts against 68 clinical isolates of multiresistant methicillin-resistant *S. aureus* (MRSA). An extract of *E. virens* inhibited growth of all the tested clinical isolates at the minimal test concentration of $31 \mu g/ml$. This study has highlighted that a number of different *Eremophila* species possess relevant antibacterial activity against Grampositive human pathogens.

The ethanol extract of *E. longifolia* stems inhibits *Streptococcus mutans* and *Streptococcus sobrinus*. Preliminary phytochemical analysis of the active fractions established that the active compounds were phenolics.^[37] Moreover, the ethanol extract of *E. maculata* leaves showed potent antimicrobial activity against three Gram-positive bacteria.^[33] Presence of reactive phenolic OH groups is one of the main reasons for the potent antibacterial activity. The phenolic hydroxyl groups can partly dissociate under physiological conditions resulting in O– ions. The charged and polar polyphenols interact with proteins by forming hydrogen and ionic bonds with several bacterial and fungal peptides and proteins, which might lead to protein inactivation and loss of function.^[50,51]

In a recent study to assess the anti-listerial activity of *E. alternifolia* and *E. duttonii* extracts, a growth inhibition of *Listeria monocytogenes* was recorded in agardiffusion assays with inhibition zones of 8.8 and 9.6 mm, respectively.[30]

Although most of the work has been conducted against Gram-positive microbes, the extracts of *E. alternifolia* and *E. longifolia* showed a very promising activity against *Mycobacterium fortuitum* and *Mycobacterium smegmatis* using a plate diffusion assay.[34]

Antiviral activity

The antiviral activity of *Eremophila* has not been fully investigated. Albeit of many reports on their antimicrobial activity as mentioned in the previous section, only one report was found concerning antiviral properties. Semple *et al*. [16] evaluated the activity of extracts against one DNA virus (human cytomegalovirus, HCMV) and two RNA viruses (Ross River virus (RRV) and poliovirus type 1). The ethanol extract of *Eremophila latrobei* subsp. *glabra* inhibited the cytopathic effect of RRV by more than 25% (effective concentration $25-102 \mu g/ml$. A weak inhibition of HCMV late antigen production was exhibited by the extracts of *E. alternifolia* and *E. longifolia*.

Cytotoxicity

Cytotoxic activity of different *Eremophila* extracts and isolated compounds has hardly been explored (Table 2). The activity of wood oil and isolated pure compounds of *E. mitchellii* were evaluated against P388D1 mouse lymphoblast cells. All of the tested samples exhibited a potent antiproliferative activity. The IC50 values ranged between $51-110 \mu g/ml$, whilst the pure compounds eremophilone (**42**), 9-hydroxy-7(11),9-eremophiladien-8-one (**45**), 8-hydroxy-1,11-eremophiladien-9-one (**50**), and santalcamphor (**52**) exhibited IC50 values between 42 and $105 \mu g/ml$. Eremophilone was the most active isolate in this study, and was comparable with the curcumin control $(IC50 = 19 \mu g/ml)$. It should be noted that the leaf oil which is chemically distinct from the wood or root oils, also exhibited significant cytotoxic effects.^[17]

In a recent study, Anakok *et al*. [47] evaluated the antibacterial and antiproliferative activity of 8,19-dihydroxyserrulat-14-ene (**103**) and 8-hydroxyserrulat-14-en-19-oic acid (**105**), two serrulatanes isolated from *E. neglecta*. Both compounds showed a very promising activity against Vero cells with IC50values of 9.2 and 20.0 μ g/ml.

Phytochemistry

Monoterpenes and iridoids

Monoterpenes are not widely represented in the genus *Eremophila*; only a restricted number of *Eremophiia* species has been analysed by GLC-MS.[21] A few monoterpenes have been identified: geranyl acetate (**1**) is the major component in *E. abietin*, 1,8-cineole (**2**) in *E. scoparia* and *E. dalyana*, (+)-verbenone (**3**) in *E. dempsteri*, and (+)-fenchone (**4**) in *E. caerulea*. [14,52–54] *E. alternifolia* yielded 4% essential oil mainly composed of fenchone (**4**) and limonene (**8**). a-Pinene (**9**) predominated the essential oils from *E. duttoni*, *E. freelingii* and *E. longifolia*, which were produced in small amounts $(\langle 1\% \rangle)^{[14]}$

The volatile oil of *E. longifolia* leaves showed a total of 33 compounds which were identified by GLC/MS. Isomenthone (**13**) and menthone (**14**) were the major monoterpenes. Other constituents found in high quantities included α -terpineol (15) and piperitone (16). The essential oil also contained a number of monoterpene hydrocarbons including limonene (8) , 4-carene (17) and α -terpinene (18) , along with the monoterpene alcohols linalool (**19**) and menth-2 en-1-ol (**20**). The oil exhibited a pleasant ethereal peppermint-like smell, most likely due to the presence of isomenthone (**13**) and menthone (**14**), along with other *p*-menthane terpenoids (**12**).[55]

Iridoid glucosides (a monoterpene from a biosynthetic point of view), which are typical secondary metabolites of Scrophulariaceae, have been recorded for a few *Eremophila* species. Geniposidic acid (**10**) has been isolated by methanol extraction of a sample from *E. cuneifolia* after ether and acetone extraction.^[14] The iridoid glucoside catalpol (11) was isolated from the aqueous extract of the fruits of *E. maculata* var. *brevifolia* (Table 3).[56,57]

Sesquiterpenes

Furanosesquiterpenes

Furanosesquiterpenes represent a group of sesquiterpenes which are essentially oxygenated farnesols and characteristic for the essential oil of some *Eremophila* species. The best known of these is (-)-ngaione (**21**) isolated from *E. latrobei*, (-)-10,11-dehydrongaione (**22**) and (-)-10,11 dehydroepingaione (23) from *E. rotundifolia*, (\pm)myoporone from *E. maculata, E. latrobei* and *E. miniata*, (+)-myoporone (**25**) from *E. inflata*, and (-)-10,11 dehydromyoporone (**26**) from *E. maculata*. [14,58–61]

Freelingyne (**27**), an acetylenic furanosesquiterpene was isolated for the first time from natural sources (**3**) in *E. freelingii* with its 8,9-dihydro- (**28**) and 4,5,8,8,9,9 hexahydro-analogues.[62–64] However, later freelingyne was detected in *E. rotundifolia*. [65] In addition, freelingnite (**29**) was the first example of a 4-alkylbut-2-enolide isolated from higher plants in *E. freelingii*. [64]

Eremoacetal (**30**), an unique furanosesquiterpene containing a 2,8-dioxabicyclo [3.2.1] octane skeleton, is a component of the extracts from *E. rotundifolia*.^[59] This species also produces a series of other furanosesquiterpenes including dendrolasin (**31**), 4-hydroxydendrolasin (**32**), and the isomeric dihydrophymaspermones (33) (Table 4).^[59,66–68]

Cyclic sesquiterpenes

Members of the genus *Eremophila* produce a number of cyclic sesquiterpenes belonging to the structural bisabolene, eudesmane, eremophilane, aromadendrane, cadinane and zizaene types.[14]

The presence of unusual terpenoid metabolites with a ketone group became evident as early as 1932 with the isolation of eremophilone ketone and its oxygenated derivatives from the wood oil of *E. mitchellii*. [17,28,69] Subsequently, it was suggested that the skeleton, of what now has become known as the eremophilane type, arises by methyl migration in precursors possessing the isoprenoid skeleton and configuration of the normal and biosynthetically regular eudesmanes.^[14]

The presence of eudesmol has been established and three derivatives accumulate in *E. scoparia*.^[70] Also, β-eudesmol (**56**) was found to be present in *E. drummondii* var. *brevis,* *E. cuneifolia*, *E. dalyana*, *E. flaccida*, *E. leucophylla* and *E. subfloccosa*. [14,53,71,72] Nevertheless, eremophilanes, e.g. eremophilone (**42**) and eudesmane sesquiterpenes are dominant in only three species: *E. mitchellii*, *E. scoparia* and *E. rotundifolia*. [17,28,65,69,70] Two aromatic sesquiterpenes, (1*R*, 4*R*)-calamenene (**60**) and (1*R*, 4*R*)-7-hydroxy-calamenene (**61**) characterize the essential oils of *E. drummondii* and *E. virens*. [73,74] The unusual keto alcohol (+)-oplopanone (**62**) was isolated from *E. miniata*. [61]

The chemical analysis of the resins from leaves and terminal branches of *E. virgata* and *E. interstans* revealed a complex mixture of oxygenated sesquiterpenes.[75,76] Separation of these secondary metabolites led to the identification of five new cadinene sesquiterpenes (**65**–**69**). Another group of sesquiterpenes represented in *Eremophila* belong to the zizaene series with the tricyclo $[6.2.1.0^{1,5}]$ undecane skeleton. The four ent-zizaene compounds (**70**–**73**) have been detected in *E. georgei*, *E. metallicorum* and *E. subteretifolia* (Table 5).^[14,77-80]

Diterpenes

Eremophila species are a major source for novel diterpenes. A focus has been on desert adapted species, many of which carry resin coating on the leaves and terminal branches which can amount to up to 20% of the dry weight. These viscous films are thought to provide a means against evaporation on one hand, and chemical defence against herbivores and microbes on the other hand. This resin can easily be removed with ether or acetone and, with few exceptions, is composed of a mixture of oxygenated diterpenes. The first indication of the presence of unusual diterpenes in *Eremophila* came with the isolation of eremolactone from *E. fraseri* and *E. freelingii* in 1962.[81,82] However, since this time several diterpenes have been isolated and identified. These diterpenes can be categorized as shown in the following (Table 6).[83–104]

Acyclic and monocyclic diterpenes

The best examples of these diterpenes are the acyclic metabolites (**74**–**84**) isolated from *E. exilifolia*, *E. glutinosa* and *E. petrophila*. [14,83,84] These compounds can be regarded as oxygenated derivatives of the C20 alcohol geranylgeraniol.

Cembrenes

Cembrenes are macrocyclic diterpenes containing a 14-membered ring. The first example of a cembrene from *Eremophila* was epoxycembranediol (**85**) isolated from the resin of *E. georgei.*^[85] Subsequently, *E. abietina*, *E. clarkei*, *E. dempsteri*, *E. granitica*, *E. fraseri*, *E. platycalyx* and *E. metallicorum* have all been shown to produce several Eremophila: ethnobotany, biology & chemistry **Abdel Nasser Singab** *et al.* Abdel Nasser Singab *et al.*

biologically active cembrene metabolites.^[14,52,54,86] These carry the same absolute configuration at C-1 and all retain the double bond at C-12 with differences in the levels of oxidation on methyl groups at C4 and C8. The observation that both the acyclic and cembrene diterpenes from *Eremophila* contain *cis* double bonds indicate that they derive from a common biosynthetic intermediate.

Polycyclic diterpenes

These diterpenes arise from a sesquiterpene-type cyclization process involving only the first three isoprene moieties in a C20 (geranylgeranyl pyrophosphate) precursor. As a consequence, the skeletons generated can be considered as isoprene analogues of sesquiterpenes. The first three bisabolene isoprenologues (**96**–**98**) of this type, which were

isolated from *E. foliosissima*, contained a single carbocyclic system.[87,88]

Serrulatanes

Bicarbocyclic serrulatanes represent the most common diterpene skeleton in *Eremophila*. The first example of this type was dihydroxyserrulatic acid (**101**) isolated from *E. serrulata*. [89,90] Most of the serrulatanes differ simply in the degree and position of oxygenation around the skeleton. Structural variants have been detected in *E*. *biserrata*, *E. decipiens*, *E. denticulata*, *E. drummondii*, *E. drummondii*, *E. falcata* and many others.[74,89,90,92] *E. latrobei* produces biflorin (128) as the major diterpene.^[74] These serrulatane diterpenes are regarded as isoprenologues of the calamenene type.

Table 5 Structures and distribution of secondary metabolites of *Eremophila*: chemical structures of the isolated cyclic sesquiterpenes

Generally, the calamenenes, which occur in *E. drummondii*, have the (l*R*,4*R*)-configuration; they are closely related to the serrulatanes, which have the (lR,4*S*)-configuration.^[14]

Viscidane*s*

Another group of bicyclic diterpenes which are widespread in *Eremophila* are the viscidanes. The first example (**135**) was isolated from *E. viscida* and presents a carbon skeleton of acorane sesquiterpenes, e.g. α-acoradiene.^[14,105,106] Several examples of viscidane diterpenes differing in positions and level of oxidation have been identified from *E. alatisepala*, *E. cuneifolia*, *E. crenulata*, and many others, and all contain an allylic oxygenation in the cyclohexene ring.^[52,57,97,98]

Cedrane isoprenologues

A variety of the highly diverse *E. georgei* complex and *E. gilesii* produce a new class of diterpenes, which contains a new tricyclic skeleton called cedrane.^[100] The best example, which is regarded as an isoprenologue of 2-epi-(-)- α cedrene (145), was described in 1986 by Forster *et al*.^[99]

These diterpenes vary in the degree of oxygenation and unsaturation in the side chain and isomers with exocyclic and endocyclic double bond.

Decipianes

The decipiane diterpenes also contain a tricyclic carbon skeleton (tricycle $[5.3.1.0^{5,11}]$ undecane), which is unique for di- and sesquiterpenes. Like the cedrane-type diterpenes, the decipianes have been isolated from only a few *Eremophila* species. *E. decipiens* contains a complex mixture of decipianes (**149**–**151**), which had been reported by Ghisalberti *et al*.^[101] in 1975. The only diterpene present in an extract of *E*. *clarkei* is the dihydroxy acid derivative of compound **152**. [107] Several varieties of the *E. georgei* complex produce various decipianes also.^[14]

Eremanes

The most complex diterpene skeleton isolated from *Eremophila* is known as 'eremane'. Eremolactone (**154**) was reported from the resin of *E. fraseri* and from the essential **Table 6** Structures and distribution of secondary metabolites of *Eremophila*: chemical structures of the isolated diterpenes

Eremophila: ethnobotany, biology & chemistry **Abdel Nasser Singab** *et al.* Abdel Nasser Singab *et al.*

Eremophila: ethnobotany, biology & chemistry **Abdel Nasser Singab** *et al.* Abdel Nasser Singab *et al.*

Eremophila: ethnobotany, biology & chemistry **Abdel Nasser Singab** *et al.* Abdel Nasser Singab *et al.*

2-enoic acid (**149**)

Oleanolic acid (**165**) R = b-OH *E. caerulea* [14] 3-Epi-oleanolic acid (**166**) R = a-OH *E. platycalyx* [54]

oil of *E*. *freelingii*. [14,82] Isoeremanes and their cyclic ethers were isolated from *E. fraseri*. [14]

Sterols and triterpenes

These terpenoids with a C27 and C30 skeleton are not accumulated to any significant extent in the genus *Eremophila*. The only sterol definitively identified so far is the ubiquitous phytosterol, b-sitosterol (**163**) in *E. mitchellii* and *E. georgei*. [14,69] Triterpenes also rarely occur and only three have been isolated, such as ursolic (**164**) and oleanolic acid (**165**) from *E. caerulea* and 3-epi-oleanolic acid (**166**) from *E. platycalyx* (Table 7).^[14,54]

Fatty acids

E. oppositifolia contains a branched threefold unsaturated fatty acid (**167**) accompanied by smaller amounts of stearic (**168**), oleic and palmitic acid (**169**) and esters of n-hexanoic (**170**), n-heptanoic (**171**), and n-octanoic acid (**172**).[108,109] In most cases superficial analysis of the fats and fatty acids isolated from the resin has failed to reveal other than the usual fatty acids (Table 8).^[52]

Phenolic compounds

The groups of phenolics include flavonoids, which occur widely in *Eremophila* species and they are represented by several polyhydroxylated flavonols and flavones. [14,84,110] They include a flavone dihydroflavonol such as pinobanksin (**186**) and a dihydroflavanol acetate. Flavonoids often contribute a significant portion to the *Eremophila* resins but limited effort has been invested in their identification.

Another group of compounds that arise from the shikimic acid pathway are the lignans. The first representative was dimethyl syringaresinol (**191**) from *E. glabra*. [81] Other lignans include phillyrin (**190**) from *E. racemosa*, a new dihydroxylignan from *E. dalyana*, (+) epieudesmin (**193**) and (+)-methylxanthoxylol (**194**) from *E. calorhabdos*. [53,74,91]

Compound name (No.)	Structure	Species	References
Branched triply unsaturated fatty acid (167)	CH ₂ OAc nн	E. oppositifolia	[108]
$CH3$ - $CH2$) _n -COOH			
Stearic acid (168)	$n = 16$	E. oppositifolia	[109]
Palmitic acid (169)	$n = 14$	E. oppositifolia	[109]
n-Hexanoic acid (170)	$n = 4$	E. oppositifolia	[109]
n-Heptanoic acid (171)	$n = 5$	E. oppositifolia	[109]
n-Octanoic acid (172)	$n = 6$	E. oppositifolia	[109]
Linoleic acid (173)		E. oppositifolia	[109]
	CH_3 -(CH ₂) _n -CH = CH-(CH ₂) ₇ -COOH		
Oleic acid (174)	$n = 6$	E. oppositifolia	[109]
Palmitoleic acid (175)	$n = 5$	E. abietina	$[52]$

Table 8 Structures and distribution of secondary metabolites of *Eremophila*: chemical structures of the isolated fatty acids

In addition, other aromatic phenylpropanoids such as safrole (**176**) and eugenol methyl ether (**177**) have been identified in *E. longifolia* (Table 9).^[111]

Miscellaneous compounds

The most common representative of this class of compound is the polyalcohol mannitol (**200**). It has been isolated or detected in a number of *Eremophila* species including *E. fraseri*, *E. leucophylla* and *E. ramosissima*. [14,81]

Cyanogenic glucosides, such as the β -glucoside prunasin (**199**), are less common. Prunasin represents the cyanogenic toxic principle of *E. maculata*, which has been termed Poison bush because of its toxins.^[14] The caffeoyl ester and disaccharide verbascoside (**197**) has recently been isolated from *E. georgei* and *E. cuneifolia*. [14] Another caffeoyl ester is poliumoside (198), which has been found in Lamiaceae.^[112]

A number of *Eremophila* species were tested with a simple assay system for the presence of alkaloids. Amongst those showing positive results were *E. bignoniiflora, E. longifolia, E. maculata* and *E. mitchellii* (Table 9).^[14,113]

Current State and Prospects

Natural products are promising candidates for drug discovery and they still continue to play an important role in future small organic compound drug development programs.[114] In this context, the typical drug discovery process relies mainly on medium and high-throughput bioassay screening platforms to find promising candidates for a particular target. Reports on pharmacological effects of medicinal plants are growing almost exponentially. However, it is very difficult to attribute the pharmacological activity in a multi-component mixture, as in plant extracts consisting of a diversity of secondary metabolites, to only a

single compound of an extract.^[50] There is good evidence that the secondary metabolites, present in a mixture, exhibit additive or even synergistic effects. Such properties are hardly detected by high-throughput screening assays. Secondary metabolites are able to interfere with many molecular targets in the cells. From the data mentioned above it is clear that the composition of an *Eremophila* extract would be determined by the method of preparation. Given the reported methods, it seems likely that the extracts would have been mixtures of lipophilic and hydrophilic materials. Also, it is obvious that the majority of *Eremophila* species exhibit promising antimicrobial activity, which may be attributed to their high diterpene content. These lipophilic secondary metabolites can dissolve in biomembranes resulting in disturbance of the close interaction between membrane lipids and proteins, thus changing the conformation of membrane proteins. These membrane proteins include ion channels, transporters for nutrients and intermediates, receptors, and proteins of signal transduction, and the cytoskeleton.[115] A change of protein conformation usually leads to a loss of function. Moreover, at higher concentrations, these secondary metabolites interact with the lipophilic inner core of biomembranes represented by fatty acids and cholesterol leading to disturbance of the membrane fluidity. This type of interaction between the secondary metabolites and the biomembranes could explain the antimicrobial, antiviral and cytotoxic effects of many *Eremophila* preparations. Also, the serrulatane diterpenes found in many *Eremophila* species as *E. duttonii, E. latrobei* and *E. paisley* are structurally related to a group of potent anti-inflammatory compounds isolated from sea whips.[6] Verbascoside isolated so far from certain *Eremophila* species and which may occur more commonly in other *Eremophila* species is of some pharmacological interest. It exhibits

Table 9 Structures and distribution of secondary metabolites of *Eremophila*: chemical structures of the isolated phenylpropanoids, flavonoids, lignans, caffeoyl ester, cyanogenic glucosides and mannitol

antihypertensive and analgesic activity, and potentiates anti-tremor L-dopa activity in animals. Furthermore, it shows antimicrobial, immunosuppressive and antitumour activity.[116]

Prospects

Since the use of medicinal plants is a widely accepted therapeutic strategy for millions of people, further attention

should be focused on the discovery of the exact modes of action of their extracts as well as the isolated pure compounds and potential combinations. However, because of the diverse molecular pharmacological data, the spectrum of interpretation and speculations seem to be endless. The observations described above provide some circumstantial leads and raise a number of questions that must be taken into consideration. The major one is the nature and biological activity of the more polar compounds present in

different *Eremophila* species, which must be of a great interest. Also, authentication of all the drugs should be undertaken carefully by chemical fingerprinting or DNA barcoding to ensure the quality of the drug and hence the corresponding biological activity. Finally, studies on standardization of the drug and preclinical trials are required for an integration and acceptance of many *Eremophila* extracts in conventional medicine.

Conclusions

The Australian endemic genus *Eremophila* offers a wide range of ethnobotanical utilizations, which are based on the diverse patterns of secondary metabolites. The main secondary metabolites are terpenoids, ranging from monoterpenes, iridoid glucosides, sesquiterpene, diterpenes, steroids and triterpenes, and phenolics (mainly flavonoids, lignans

and phenylpropanoids). A rich diversity of structures is visible within sesqui- and diterpenes. Phenolics and terpenoids contribute to the pharmacological properties of *Eremophila* extracts and isolated secondary metabolites, such as cardiotonic, anti-inflammatory, antimicrobial and cytotoxic activities.

Declarations

Conflict of interest

The Author(s) declare(s) that they have no conflicts of interest to disclose.

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